

# ਗੁਰੂ ਨਾਨਕ ਕਾਲਜ ਬੁਢਲਾਡਾ

ਸ਼੍ਰੋਮਣੀ ਗੁਰਦੁਆਰਾ ਪ੍ਰਬੰਧਕ ਕਮੇਟੀ, ਸ੍ਰੀ ਅੰਮ੍ਰਿਤਸਰ ਸਾਹਿਬ ਦੇ ਪ੍ਰਬੰਧ ਅਧੀਨ  
ਪੰਜਾਬੀ ਯੂਨੀਵਰਸਿਟੀ, ਪਟਿਆਲਾ ਨਾਲ ਸਬੰਧਤ  
ਨੈਕ ਵੱਲੋਂ 'ਏ++' ਗਰੇਡ ਪ੍ਰਮਾਣਿਤ  
ਡੀ.ਬੀ.ਟੀ. ਭਾਰਤ ਸਰਕਾਰ ਵੱਲੋਂ 'ਸਟਾਰ ਕਾਲਜ ਸਕੀਮ' ਪ੍ਰਾਪਤ  
ਭਾਰਤ ਸਰਕਾਰ ਵੱਲੋਂ 'ਸਕਿੱਲ ਹੱਬ' ਸੰਸਥਾ ਦਾ ਰੁਤਬਾ ਪ੍ਰਾਪਤ



# Guru Nanak College Budhlada

Under the Management of S.G.P.C., Sri Amritsar Sahib  
Affiliated to Punjabi University, Patiala  
NAAC Accreditation "A++" Grade  
Selected under 'Star College Scheme' by DBT, GOI  
'Skill Hub' Institute Selected by NSDC, Govt. of India

## 7.2 Best Practices

### Title of the Practice 1: Promoting Heritage, Culture, Sports and Social Values among the Students:

**Objectives of the Practice:** To enable the students to have better understanding of heritage, cultural diversity and social values through participation in various cultural activities and to instill the spirit of sportsmanship among the students.

**The Context:** Now a days, the youngsters are virtually on the verge of getting victimized of various evils such as drugs, individualism, violence, materialism, greed, decline of social and moral values, decline of responsibility etc. The life has become so busy that now people hardly find any time for arts, hobbies, leisure time activities and physical activities. It is the need of the hour to inculcate and associate the students with culture, heritage, sports, social and moral values so that they can play a significant role in the development of the society. To keep the youth away from the alarming threats of the new millennium and channelize their energy towards the right direction the institute is very inclined to promote the heritage, culture, sports and social values among the students.

#### The Practice:

- The institute is aware that education is not just confined to academics but the focus must be on overall personality development, confidence building, discipline along with to sensitize the students towards the culture, sports, heritage, social and moral values.
- All the related activities, in this regard, are planned by the college before the beginning of the session and are included in the Academic Calendar of the college and departments.
- The college has formed Youth Welfare Department, Department of Sports and Physical Education, various clubs, societies and committees for the organization of all the scheduled activities in an effective way.
- The institute has State-of-the-art infrastructure to accomplish its aims in this regard.
- The college hires coaches to guide students for the preparation of cultural and sports activities.
- All the departments, committees and cells organize numerous activities such as cultural and sports competitions, charity events, awareness drives, exhibitions, workshops etc.
- All the students are encouraged, motivated, guided and trained by the faculty to participate in these activities.

#### Evidence of Success:

- The institute has established a Spiritual Library and park to inculcate social and moral values among the students. The spiritual library is well stocked with books of different religions and biographies of religious persons.
- College students participated in various college, state, national and international level sports events and bagged Gold, Silver and Bronze medals during the last years. It is

worth mentioning that college student Dharuv Kapila participated in International Badminton Thomas Cup and the Indian became winner for the first time ever with a stunning 3-0 win over Indonesia in the final.

- College students participated in numerous Zonal, University and National level Youth, Heritage and Cultural festivals and brought laurels to the institute. It is worth mentioning that college has become champion of Zonal Youth festival of Punjabi University Mansa Zone consecutively for the 9<sup>th</sup> time.

The college has organized numerous activities such as awareness drives, lectures, competitions, helping the needy activities etc. to promote Heritage, Culture, Sports and Social Values among the Students.

**Problems Encountered:** The college didn't face any major problems for the implementation of this best practice.

### **Title of the Best Practice II: Awareness for Environment Conservation and Preservation**

**Objectives of the Practice:** To aware the students and people about environment issues, contribute in maintaining environment friendly atmosphere, conserve and preserve natural resources.

**Context:**

The survival and sustainability of all the human beings and other creatures depend upon the environment as earth is a home for different living species. As the environment is being deteriorated day by day with unnecessary human interventions in nature and with careless activities that have resulted in many types of pollutions like air, soil, water, sound pollution etc. Moreover, the man has also exhausted natural resources carelessly and various types of pollutions have been damaging the environment. Hence, it is the need of the hour to do some efforts to make people aware about the conservation and preservation of environment. Guru Nanak College, Budhlada has taken a big initiative in this regard.

**The Practice:**

- The awareness for environment conservation and preservation programmes and activities are included in the Academic Calendar of the college.
- The college motivates students and the people of the area to save water, trees, air and soil by conducting relevant awareness activities, plantation drives, lectures, poster making competitions, slogan writing competitions, workshops, exhibitions, cleanliness drives etc.
- College celebrates Environment Day, Water Day, International Sikh Environment Day etc. on regular basis.
- The college participates in Swatch Bharat Abhiyan.
- Stakeholders are motivated and guided to use tote bags or cloth bags in place of polythene bags for shopping.
- The Institute conducts awareness drives on Paddy straw burning by the farmers in this rural belt of Punjab and suggests alternative measures to protect environment. The college visits villages and informs farmers about new agricultural techniques for the procurement of environment.

**Evidence of Success:**

- College has received appreciations and grant of 2 lakh for awareness about environmental issues.
- Numerous activities have been organized by NCC, NSS, departments, cells and committees of the

college in the campus and beyond the campus to make students, stakeholders and people aware about environmental pollution, conservation and preservation

- College has received appreciations form various govt bodies and NGO's for making people aware about environmental issues such as paddy burning, organic farming, water conservation and preservation etc.
- The use of bicycles, public and sharing transport have been increased by students and staff and college has banned single use plastic in the campus.

**Problems Encountered:** The college didn't face any major problems for the implementation of this best practice.