

Institutional Initiatives for Best Practice: Promoting Heritage, Culture, Sports and Social Values among the Students

Session 2017-18

Session	Name of the Effort/Initiatives	Date of the Effort/Initiatives
2017-18	Science Department celebrated Lohri	13-01-2018
2017-18	College organized Blood Donation Camp	12-09-2017
2017-18	Spiritual Library	Established in 2016
2017-18	Guru Nanak College Budhlada remained overall winner of Zonal Youth Festival of Punjabi University Patiala consecutively for the 4 th time	11-10-2017 to 13-10- 2017
2017-18	College remained Winner of Punjabi University Inter-College (Men) Badminton championship	2017-18
2017-18	College won Inter college (Men) Chess championship of Punjabi University	2017-18
2017-18	College won Punjabi University championship of Table Tennis Inter-College (Men)	2017-18
2017-18	College team remained winner of Punjabi University Gatka Inter-College (Men)	2017-18
2017-18	College teams remained Winner in both Men-Women AII India Inter-University Kick-Boxing championship	2017-18
2017-18	College bagged overall winner's trophy for Khalsai Khed Utsav (a national level sports event organized by the college management SGPC, Sri Amritsar Sahib.	2017-18
2017-18	International Day of Yoga	21-06-2018
2017-18	Two days Seminar dedicated to The Martyrdom of" Chhote Sahibzaade by Moral and Spiritual Cell	22-12-2017 to 23-12-2017
2017-18	Fourth Khalsai Youth Festival Place: Mata Sahib Kaur Girls College, Talwandi Sabo	05-03-2018 to 06-03-2018
2017-18	Sri. Akhand Path Sahib on Gurburab of Sri Guru Nanak Dev Ji	26-03-2018 to 28-03-2018

2017-18	Mock interview session by Personality Development Cell	06-02-2018
2017-18	Leadership development by Personality Development Cell	27-09-2017
2017-18	Department of Economics and Defense Studies organized Quiz competition on "Culture and Heritage"	05-03-2018
2017-18	Pledge on "Say yes to life, no to drugs" was organized by the Department of Food Processing,	19-10-2017
2017-18	Kite flying competition on Basant	20-01-2018
2017-18	Interdepartmental Badminton Competition	05-10-17
2017-18	College level Chess competition	23-01-2018
2017-18	College level Table Tennis competition	3-11-2017
2017-18	Parwaz by Dept of Commerce	21-03-2018

7.2 Glimpses of the Activities Organised under Institutional Efforts /Initiatives for Best Practice Promoting Heritage, Culture, Sports and Social Values among the Students during session 2017-18

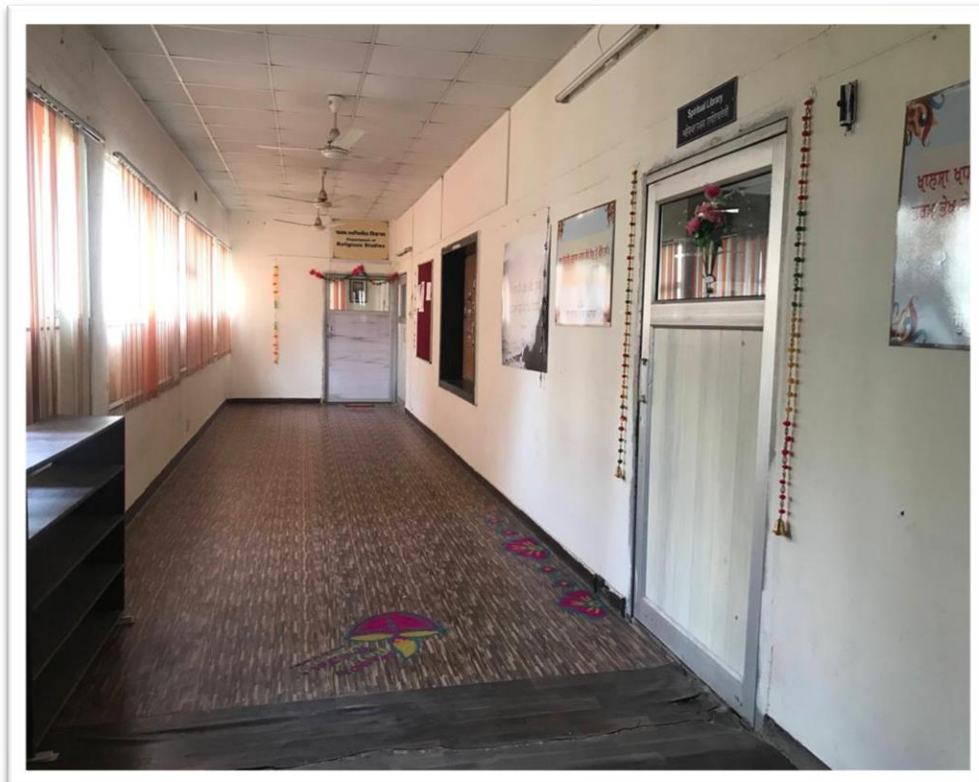
Department of Science celebrated Lohri festival with great fervour and enthusiasm. In the presence of Principal Kuldeep Singh Bal, Dr Jaspal Singh Vice Principal, Prof Bikramjeet Singh (HOD) all staff members celebrated Lohri. All the invitees, the staff and students worshipped dhooni.



On 12-09-2017 college with the support of CHC, Budhlada, and Mansa Punjab organized a Blood Donation camp at college campus. The objective of this camp was too aware the students about importance of blood donation to save lives and social service in human life.



The institute has established a Spiritual Library to inculcate social and moral values among the students. The spiritual library is well stocked with books of different religions and biographies of religious persons.





Guru Nanak College Budhlada remained overall winner of Zonal Youth Festival of Punjabi University Patiala consecutively 4th time. The college teachers along with coaches guide students for various Youth Festival items such as Gidha, Theatre items, singing items, folk art items etc. College students sharing some happy movements with the Principal and staff after winning trophies at Zonal and Inter Zonal Youth Festival.





College remained Winner of Punjabi University Inter-College (Men) Badminton championship



College players receiving trophy for winning Inter college (Men) Chess championship of Punjabi University



College players sharing happy moments for winning Punjabi University championship of Inter-College (Men) Table Tennis



College team bagged winner position of Punjabi University Gatka Inter-College (Men)



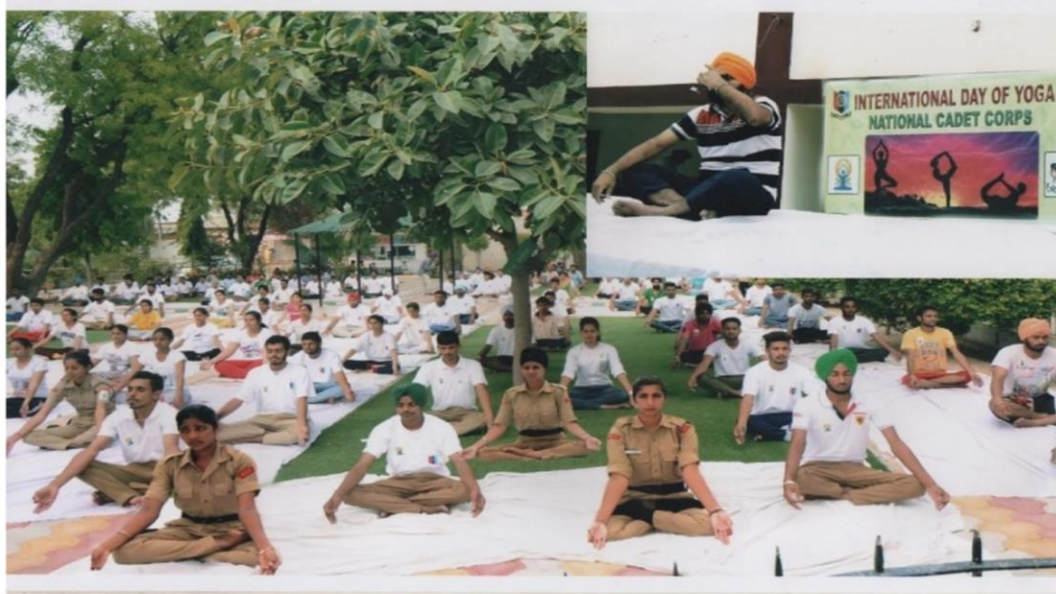
College teams remained Winner in both Men-Women AII India Inter-University Kick-Boxing championships



College students receiving overall winners trophy for Khalsai Khed Utsav (a national level sports event organized by the college management SGPC, Sri Amritsar Sahib).



College celebrated International Day of Yoga on 21-June-2018



Two days Seminar dedicated to The Martyrdom Day of "Chhote Sahibzaade" was organised on 22-23/12/2017 to guide the students for patience, honesty, truthful and social service.



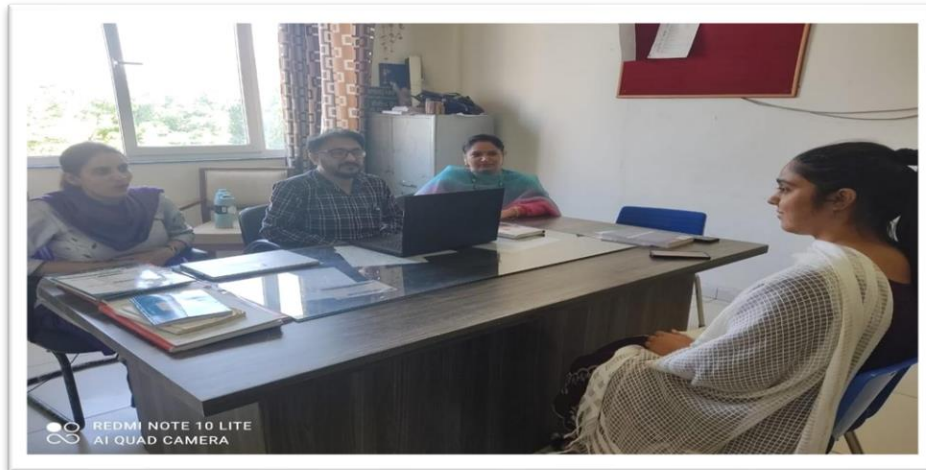
College students participated in National Level Fourth Khalsai Youth Festival held at Mata Sahib Kaur Girls College, Talwandi Sabo on 5-6/03/2018 and grabbed overall trophy in this Festival.



The College organised Sri. Akhand Path Sahib on 26,27,28/03/2018 to inculcate the spirit of social service, moral and ethical values and spread the message of world peace. The Ardas was done for world peace.



A Mock Interview Session was organised by Personality Development Cell on 6-2-2018 to provide guidance and required skills to face interviews in future to get good jobs and participate in the development of society as responsible citizens.



A Lecture on Leadership Development was organised by Personality Development Cell on 27-9-2017 to sensitize the students about the various leadership skills so that they can become good leaders in future and participate in the progress of the society.

Guru Nanak College
Department of Commerce
and Management

Lecture on Leadership
Development on
27-09-2017

Speaker : Dr. Neena Brar
(Asst. prof. Commerce)



Quiz Competition on “Culture and Heritage” was organised by Department of Economics and Defence Studies on 05-03-2018. Associate Professor Satgur Singh, Head, Department of Punjabi awarded the prizes to winners.





Pledge on “Say Yes to Life, No to Drugs” was organized by the Department of Food Processing, Guru Nanak College, Budhlada to motivate and guide students to stay away from drugs.



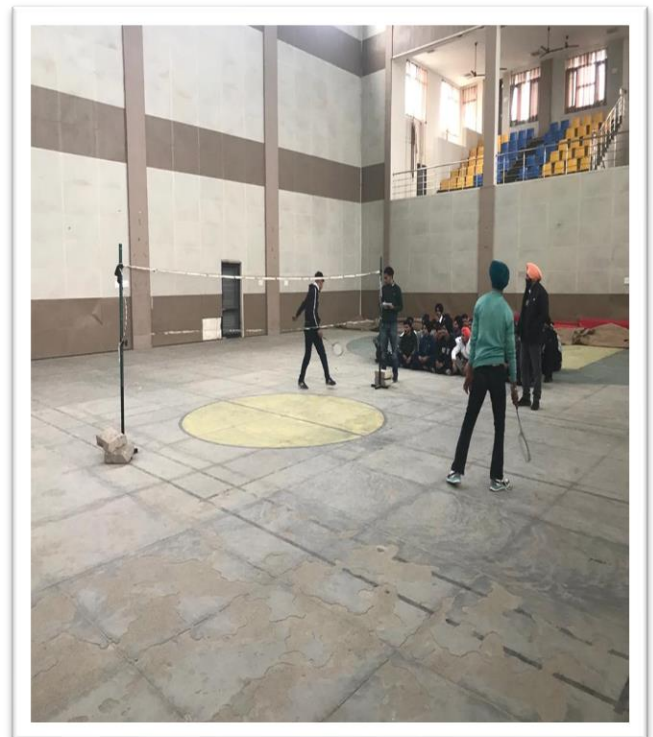


Department of History celebrated Basant on 20 January 2018 by organising Kite Flying Competition to aware the students about the history of Basant and role of celebration in preservation of Indian culture and Heritage. Students participated very enthusiastically in the event.





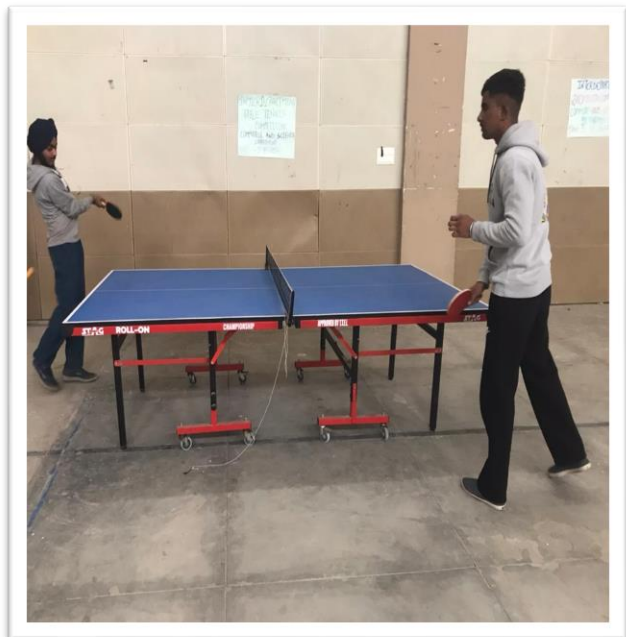
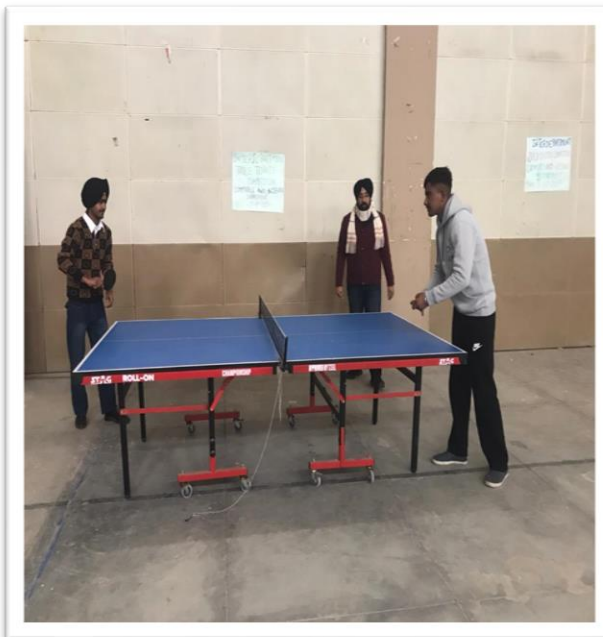
Department of Physical Education organised interdepartmental Badminton Competition on 5 October 2017 to promote sports among the students as sports and games play a great role in grooming of personality.



Department of Physical Education organized college level Chess Competition on 23/01/2018. Students from different departments participated in this competition.



Department of Physical Education organized college level Table Tennis Competition to motivate students to participate in games.



Department of Commerce organised Parwaaz-a cultural programme on 21 March 2018. Students participated in numerous competitions such as Gidha, Bhangra, Rangoli, singing competitions with zest and enthusiasm.

