

**Institutional Initiatives for Best Practice: Promoting Heritage, Culture,
Sports and Social Values among the Students**

Session 2019-20

Session	Name of the Effort/Initiatives	Date of the Effort/Initiatives
2019-20	College remained winner for 6 th time consecutively in Inter Zonal Youth Festival.	10-10-2019 to 12-10-2019
2019-20	Blood Donation Camp	03-11-2019
2019-20	Free Medical Check Up Camp	05-11-2019
2019-20	NSS and Red Ribbon Club organized a One Day Seminar on Drug Abuse	05-11-2019
2019-20	NSS under the scheme Jeevan Shanti Jhanch Scheme organized awareness programme against Drug Addiction at college campus	06-03-2020
2019-20	NCC cadets participated in Fit India Movement	24-09-2020
2019-20	College team bagged winner position for Punjabi University Volleyball Inter-College (Women) championship.	2019-20
2019-20	College team bagged Runner Up trophy for Rugby Inter-College (Women) of Punjabi University.	2019-20
2019-20	College players bagged 1 st place at AIJU Sepaktakraw	2019-20
2019-20	GNC remained champion of Khalsai Khed Utsav (a national level sports event) consecutively 7 th time.	2019-20
2019-20	Celebration of Hindi Divas Dept of Hindi	14-09-2019
s2019-20	Seminar on the Philosophy of Guru Nanak Dev Ji by NSS	30-10-2019
2019-20	Religious Quiz Competition by NSS	5-11-2019
2019-20	Essay writing Competition by NSS	11-02-2020
2019-20	Lecture on Personality Development	18-12-2020
2019-20	Shri Jap ji Sahib de path and Explanation	20-08-2019 to 29-10-

		2019
2019-20	Garment Distribution By Dept of Fashion Technology and Home Science	25-05-2020
2019-20	One day seminar on 550th Gurpurab of Sri Guru Nanak Dev Ji by Pbi. Dept and Nanhi Chhan Cell	30-08-2019
2019-20	Kirtan darbar on 550 th Gurpurab of Sri Guru Nanak DevJi	01-09-2019
2019-20	Visit to Sultanpur Lodhi on 550 th Gurpurab of Sri Guru Nanak Dev Ji	9-11-2019
2019-20	Visit of Avdhoot Ashram by PG Department of English	09-09-2019
2019-20	Sri Akhand Path Sahib to Promote Universal Values and Ethics	30-10-2019 to 01-11-2019
2019-20	Guest Lecture on "Positive Thinking" organized by Department of Commerce and Management	11-11-2019
2019-20	Guest Lecture on Universal Values And Ethics by Department of Fashion Technology	20-01-2020
2019-20	Awareness Lecture on Voter's day organized by Department of Commerce and Management. And Department of Pol. Sci.	25-01-2020
2019-20	Special Lecture on Ethical Decision making organized by Department of Commerce and Management.	03-02-2020
2019-20	Universal Values and Ethics organized by Department of Computer Science (Lecture)	03-03-2020
2019-20	Special Lecture by Department of Food Processing on Universal Values and Ethics	11-02-2020
2019-20	International Mother Tongue Day (Hindi)	20-02-2020
2019-20	One Day seminar on Personality Development by Department of Computer Science	05-02-2020
2019-20	Department of Political Science organized Quiz Competition to promote human valus among students on 15 th October 2019.	15-10-2019
2019-20	Lecture on “ Importance of Ethics in Profession” by Department of Political Science	30-10- 2019.

2019-20	Motivational Lecture	05-09-2019
2019-20	Kite Flying on competition on Basant	29-01-2020
2019-20	Gidha and Bhangra on Lohri	11-01-2020

**7.2 Glimpses of the Various Initiatives of the College under Best Practices:
Promoting Heritage, Culture, Sports and Social Values among Students
during the session 2019-20**

College Faculty and Students Receiving Trophy for remaining winner for consecutively 6th time at Inter Zonal Youth Festival. The college students are motivated, encouraged and guided by the college faculty to participate in youth festival items such as folk fine arts, theatre items, various singing items, dance items etc.





ਅਖੰਡ ਪਾਠ ਸਾਹਿਬ ਦੇ ਭੋਗ 'ਤੇ ਖੁਨਦਾਨ ਕੈਂਪ



ਬੁਢਲਾਡਾ, 3 ਨਵੰਬਰ (ਗੁਰਦੀਪ ਸਿੰਘ ਸਿੱਧੂ) : ਸ਼੍ਰੋਮਣੀ ਗੁਰਦੁਆਰਾ ਪ੍ਰਬੰਧਕ ਕਮੇਟੀ ਸ੍ਰੀ ਅੰਮ੍ਰਿਤਸਰ ਵੱਲੋਂ ਸ੍ਰੀ ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ ਦੇ 550ਵੇਂ ਪ੍ਰਕਾਸ਼ ਪੂਰਬ ਨੂੰ ਸਮਰਪਿਤ ਗੁਰੂ ਨਾਨਕ ਕਾਲਜ ਵਿਖੇ ਅਖੰਡ ਪਾਠ ਸਾਹਿਬ ਦੇ ਭੋਗ ਪਾਏ ਗਏ ਅਤੇ ਕੀਰਤਨ ਸਮਾਗਮ ਹੋਇਆ। ਇਸ ਮੌਕੇ ਸ਼੍ਰੋਮਣੀ ਗੁਰਦੁਆਰਾ ਪ੍ਰਬੰਧਕ ਕਮੇਟੀ ਦੇ ਮੈਂਬਰ ਬਾਬਾ ਬੁਟਾ ਸਿੰਘ ਗੁੜਬਲੀ, ਮਿੱਠੂ ਸਿੰਘ ਕਾਨੌਕੇ, ਜਸਵੀਰ ਕੌਰ ਦਾਤੇਵਾਸ ਤੇ ਇਲਾਵਾਂ ਬੀਬੀ ਬਲਵੀਰ ਕੌਰ ਬਲਾਕ ਪ੍ਰਧਾਨ ਸ਼੍ਰੋਮਣੀ ਅਕਾਲੀ ਦਲ 'ਇਸਤਰੀ ਵਿੰਗ' ਨੇ ਅਖੰਡ ਪਾਠ ਸਾਹਿਬ ਦੇ ਭੋਗ ਸਮੇਂ ਆਪਣੀ ਹਾਜ਼ਰੀ ਭਰੀ। ਨੇਕੀਫਾਊਂਡੇਸ਼ਨ ਵਲੋਂ ਖੁਨ ਦਾਨ ਕੈਂਪ ਲਗਾਇਆ ਗਿਆ ਅਤੇ ਸ਼੍ਰੋਮਣੀ ਗੁਰਦੁਆਰਾ ਪ੍ਰਬੰਧਕ ਕਮੇਟੀ ਦੇ ਮੈਂਬਰ ਬਾਬਾ ਬੁਟਾ ਸਿੰਘ ਗੁੜਬਲੀ ਅਤੇ ਕਾਲਜ ਪਿੰਜੀਪਲ ਡਾ. ਕੁਲਦੀਪ ਸਿੰਘ ਬੱਲ ਨੇ ਖੁਨ ਦਾਨ ਕਰਨ ਵਾਲੇ ਨੌਜਵਾਨਾਂ ਦੀ ਹੌਸਲਾ ਅਫਜਾਈ ਕੀਤੀ ਜਿਸ ਵਿਚ ਕਾਲਜ ਦੇ ਨੌਜਵਾਨਾਂ ਨੇ ਖੁਨ ਦਾਨ ਕੀਤਾ ਕਾਲਜ ਪਿੰਜੀਪਲ ਡਾ. ਕੁਲਦੀਪ ਸਿੰਘ ਬੱਲ ਨੇ ਸਮੂਹ ਸੰਗਤਾਂ ਦਾ ਕਾਲਜ ਪਹੁੰਚਣ ਤੇ ਨਿੱਘਾ ਸਵਾਗਤ ਕੀਤਾ ਅਤੇ ਸਮੂਹ ਸਟਾਫ ਮੈਂਬਰਾਂ ਅਤੇ ਸਹਿਯੋਗੀਆਂ ਦੇ ਯੋਗਦਾਨ ਦੀ ਸ਼ਲਾਘਾ ਕੀਤੀ। ਇਸ ਮੌਕੇ ਡਾ. ਜਸਪਾਲ ਸਿੰਘ ਵਾਈਸ ਪਿੰਜੀਪਲ, ਅਮਨਪ੍ਰੀਤ ਸਿੰਘ, ਗਰਮੱਖ ਸਿੰਘ, ਰਛਪਾਲ ਸਿੰਘ, ਤਰਸੇਮ ਸਿੰਘ, ਸਖਵਿੰਦਰ ਸਿੰਘ ਹਾਜ਼ਰ ਸਨ।

On 05/11/2019 Guru Nanak College, Budhlada organized a Free Medical Check up camp in college. The main purpose to organize this camp was to aware the general public about the free medical services provided by the Health Dept. Govt. of Punjab.



On 05/11/2019, NSS and Red Ribbon Club of Guru Nanak College, Budhlada with the support of Punjab Police, Budhlada and Punjab Police (Special Task Force against Drugs) Mansa, organized a One Day Seminar on Drug Abuse at college to aware students about Drugs.



On 06/03/2020 NSS of Guru Nanak College, Budhlada, under the scheme Jeevan Shanti Jhanch Scheme organised awareness programme against Drug Addiction at college campus. District SSP (Punjab Police) was the chief guest of the event, and he started the Whats App Buddy system to check against Drug selling and purchasing activities. At the end of the event pledge was taken by all students to “Say No To Drugs”.





College NCC Cadets participated in Fit India Movement on 24-09-2020.



College team bagged winner position in Volleyball Inter-College (Women) championship of Punjabi University.



College team bagged Runner Up trophy for Rugby Inter-College (Women) of Punjabi University.



College players bagged 1st position at AIU Sepaktakraw



GNC remained champion of Khalsai Khed Utsav (a national level sports event) consecutively 7th time.

ਗੁਰੂ ਨਾਨਕ ਕਾਲਜ ਬੁਢਲਾਡਾ ਖ਼ਾਲਸਾਈ ਖੇਡਾਂ 'ਚੋਂ ਲਗਾਤਾਰ ਸੱਤਵੀਂ ਵਾਰ ਚੈਂਪੀਅਨ

ਬੁਢਲਾਡਾ, 31 ਅਕਤੂਬਰ (ਗੁਰਦੀਪ ਸਿੰਘ ਸਿੰਘੂ): ਸ਼੍ਰੋਮਣੀ ਗੁਰਦੁਆਰਾ ਪ੍ਰਬੰਧਕ ਕਮੇਟੀ ਦੀ ਅਊਤਸਰ ਵੱਲੋਂ ਸ਼੍ਰੀ ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ ਦੇ 550ਵੇਂ ਪੁਕਾਸ ਪੁਰਬ ਨੂੰ ਸਮਰਪਿਤ ਉੱਚ ਵਿਦਿਆਰਥੀ ਸੰਸਥਾਵਾਂ ਦੇ 16ਵੇਂ ਖਾਲਸਾਈ ਖੇਡ ਉਤਸਵ ਦਾ ਆਯੋਜਨ ਬੰਬਰ ਅਕਾਲੀ ਮੈਮੋਰੀਅਲ ਖਾਲਸਾ ਕਾਲਜ ਗੁਜ਼ਰਗੜ ਵਿਖੇ ਕਰਵਾਇਆ ਗਿਆ ਜਿਸ ਵਿੱਚੋਂ ਗੁਰੂ ਨਾਨਕ ਕਾਲਜ ਬੁਢਲਾਡਾ ਨੇ ਉੱਚਰਆਲ ਜੇਤੂ ਬਣਨ ਦਾ ਖਾਣ ਹਾਸਿਲ ਕੀਤਾ ਹੈ ਜਾਣਕਾਰੀ ਦਿੰਦਿਆਂ ਸਰੋਤਕ ਸਿੱਖਿਆ ਵਿਭਾਗ ਦੇ ਮਪੀ ਪੇ.

ਵਿੱਚੋਂ ਜਿਲਵਰ ਮੋਡਲ ਅਤੇ ਕਬੱਡੀ ਨੈਸ਼ਨਲ ਸਟਾਇਲ, ਖਾਸਕਟਕਾਲ ਲੜਕੀਆਂ ਖਤੋਂ ਮੋਡਲ ਹਾਸਿਲ ਕਰਦਿਆਂ 275 ਅੰਕਾਂ ਨਾਲ ਉੱਚਰਆਲ ਚੈਂਪੀਅਨਸ਼ਿਪ ਹਾਸਿਲ ਕੀਤੀ ਅਤੇ ਕੱਲ

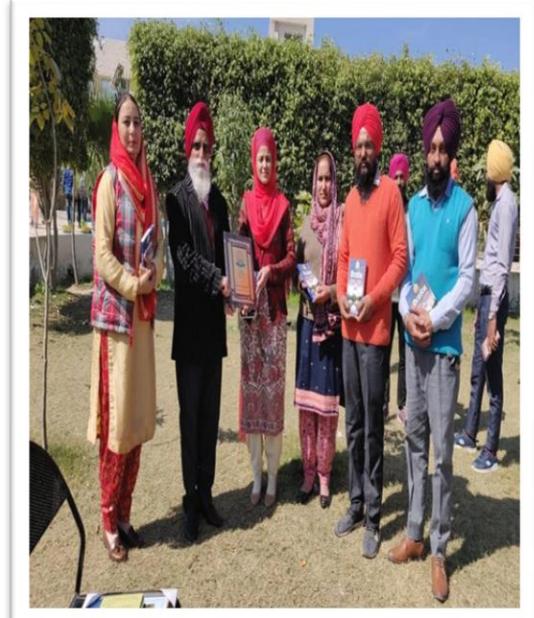
ਕੀਤਾ ਜਾਂਦਾ ਹੈ ਅਤੇ ਗੁਰੂ ਨਾਨਕ ਕਾਲਜ ਬੁਢਲਾਡਾ ਨੇ ਲਗਾਤਾਰ ਸੱਤਵੀਂ ਵਾਰ ਖਾਲਸਾਈ ਖੇਡਾਂ ਨੂੰ ਜਿੱਤਣ ਦਾ ਖਾਣ ਹਾਸਿਲ ਕੀਤਾ ਹੈ ਜਿਸਦਾ ਦੀ ਇਸ ਪ੍ਰਾਪਤੀ 'ਤੇ ਸ਼੍ਰੋਮਣੀ ਗੁਰਦੁਆਰਾ ਪ੍ਰਬੰਧਕ ਕਮੇਟੀ ਦੇ ਪ੍ਰਧਾਨ ਭਾਈ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ ਲੋਗੋਵਾਲ ਨੇ ਗੁਰੂ ਨਾਨਕ ਕਾਲਜ ਨੂੰ ਲਗਾਤਾਰ ਸੱਤਵੀਂ ਵਾਰ ਖਾਲਸਾਈ ਖੇਡ

ਉਤਸਵ ਦਾ ਜੇਤੂ ਹੋਣ 'ਤੇ ਵਧਾਈ ਦਿਤੀ। ਕਾਲਜ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਕੁਲਦੀਪ ਸਿੰਘ ਕੱਲ ਨੇ ਪਿਛਾਰੀਆਂ ਦੇ ਕਾਲਜ ਪਹੁੰਚਣ ਤੇ ਨਿਖਾ ਸਵਾਗਤ ਕੀਤਾ ਅਤੇ ਸਮਰ ਖਿਡਾਰੀਆਂ, ਸਟਾਫ ਮੈਂਬਰ

Celebration of Hindi Divas Dept of Hindi on 14/09/2019 to aware students about the role of language in promoting linguistic harmony, culture and heritage.



Seminar on the Philosophy of Sri Guru Nanak Dev Ji was organised by NSS on 30/10/2019 to sensitize students about Philosophy of Sri Guru Nanak Dev Ji and to encourage students towards moral and social values.



Religious Quiz Competitions were organised by NSS on 5/11/2019. The questions related with all the religions were asked in this quiz competition. The objective of this competition was to aware the students about the common message of all the religions for an unbiased and discrimination free harmonious society.



Essay writing Competition by NSS was organised on “The Freedom Fighters of India” on 11/2/2020 to sensitize the students about the role of freedom fighters in the independence struggle of India and to inculcate feeling of social responsibility among them .





Lecture on Personality Development was organised on 18/2/2020 by Personality Development, Stress Management and Time Management Cell



Guru Nanak College, Budhlada

Personality Development, Stress Management and Time Management Cell



**Special lecture
on Personality
Development on
18-2-2020**



**Speaker: Dr.
Rupinder kaur (Eng)**



Dedicated to the 550th birth anniversary of Sri Guru Nanak Dev Ji, recitation and interpretation of Japuji Sahib was conducted every day from 20.8.2019 to 29.10.2019 at Guru Nanak College Budhlada. This initiative made the students aware about the correct explanation of Gurbani and it's universal message.



Garment Distribution for the needy children was organised by Dept of Fashion Technology and Home Science on 25/05/2020 during the crucial times of Covid-19. All these garments were prepared by the students and teachers of Department of Fashion Technology.



One day seminar on 550th Gurbpurab of Sri Guru Nanak Dev Ji was organised by Pbi. Dept and Nanhi Chhan Cell on 30/8/2019 to provide a detailed knowledge about the life and philosophy of Sri Guru Nanak Dev Ji





A Special Visit to Sultanpur Lodhi to celebrate 550th Gurburab of Sri Guru Nanak Dev Ji on 9/11/2019 was organised for the female employees and girl students.





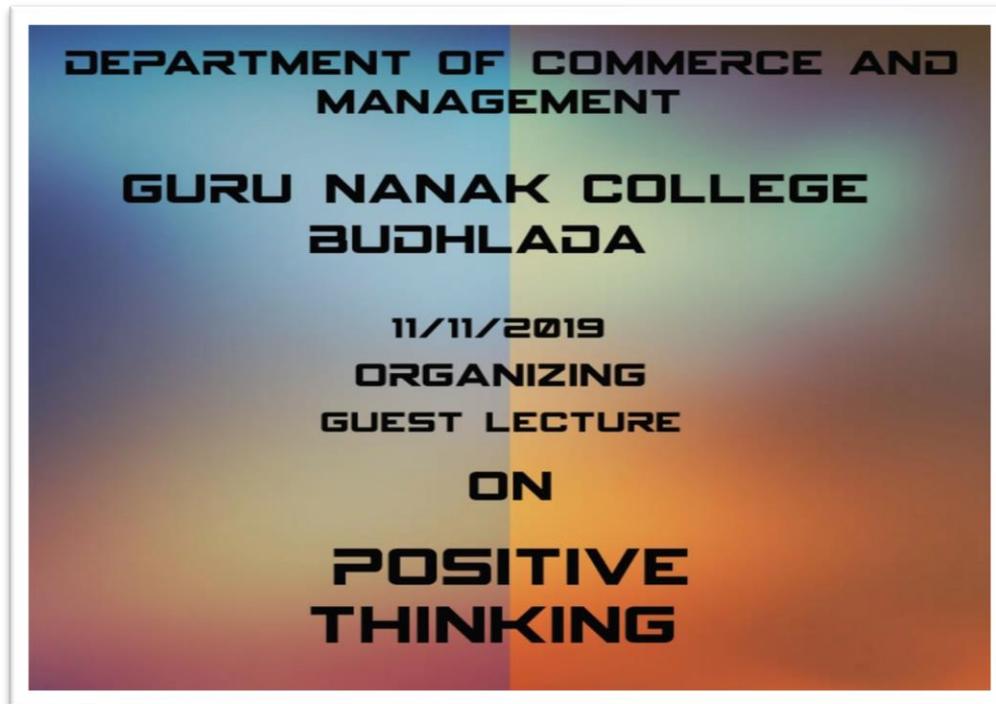
A Visit of Avdhoot Ashram was organised by Department of English on 09-09-2019 situated in Budhlada. The students and faculty provided food and medicines to the sick and disable persons of the Ashram.



Sri Akhand Path Sahib to promote universal values, motivation for social service and ethics among students was organised on Gurburab by Institute on 30-10 to 01-11-2019



Lecture on "Positive Thinking" organized by Department of Commerce and Management on 11-11-2019



Guest Lecture on Universal Values and Ethics was organised by Department of Fashion Technology on 20-01-2020



Awareness Lecture on Voter's Day was organised by Department of Commerce and Management and Department of Pol. Sci. on 25-01-2020 to guide the young voters for right use of voting right.

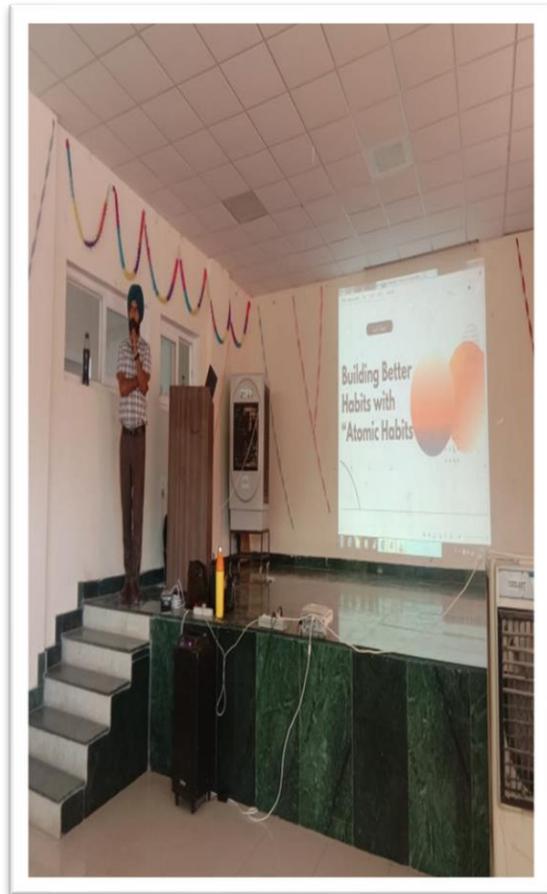
Guru Nanak College
Department of Commerce
and Management

Awareness Lecture on
"National Voter's Day" on
25-I-2020

Speaker : Dr. Nisha Mann(Asst.
Prof. Political Science)



Special Lecture on Ethical Decision Making was organized by Department of Commerce and Management on 03-02-2020





Universal Values and Ethics – a lecture was organised by Department of Computer Science on 03-03-2020

Seminar on universal Values

**On
3 March 2020**



**Organized By:
Computer Science Department
Guru Nanak College Budhlada**



A special lecture on Universal Values and Ethics was organised on 11-02-2020 by Department of Food Processing.



Guru Nanak College, Budhlada
Affiliated to Punjabi University, Patiala
NAAC ACCREDITED 'A' GRADE
Selected under 'star College Scheme' DBT, GOI
(Under the Management of S.G.P.C. Sri Amritsar Sahib)

**Lecture
on
Universal Value and Ethics**
organizing by
Department of Food Processing

Date:
11th February, 2020

Co-Convener Ms. Jaspreet Kaur (Assistant Professor)	Convener Dr. Sangeeta (Head and Assistant Professor Food Processing Department)	Chief Patron Dr. Kuldip Singh Bal (Principal)
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International Mother Tongue Day was celebrated by Department of Hindi on 20-02-2020 to aware students about the linguistic diversities of the world and to promote respect for all the mother tongues.



अंतराष्ट्रीय मातृ भाषा दिवस
तिथि - 20/02/20

Sr. No	Roll No.	Student Name	Class	Sign
1	6214	Pannjeet Kaur	B.A(T)	Pannjeet Kaur
2	6205	Hansraj Kaur	B.A(T)	Hansraj Kaur
3	6231	Lovejeet Kaur	B.A	Lovejeet Kaur
4	6245	Sarvjeet Kaur	B.A	Sarvjeet Kaur
5	6236	Simranjeet Kaur	B.A	Simranjeet Kaur
6	6235	Manpreet Kaur	B.A	Manpreet Kaur
7	6237	Manpreet Kaur	"	Manpreet Kaur
8	6119	Manpreet Kaur	"	Manpreet Kaur
9	6201	Jaspreet Kaur	"	Jaspreet Kaur
10	6182	Manpreet Kaur	"	Manpreet Kaur
11	6195	Gurleen Kaur	"	Gurleen Kaur
12	6337	Jashraj Kaur	"	Jashraj Kaur
13	6389	Jasvirinder Kaur	B.A	Jasvirinder Kaur
14	6334	Sonia Kaur	B.A	Sonia Kaur
15	6335	Sukhpreet Kaur	B.A	Sukhpreet Kaur
16	6222	Namraj Kaur	B.A(T)	Namraj Kaur
17	6281	Simranjeet Kaur	B.A	Simranjeet Kaur
18	6251	Sanjeev Kaur	B.A	Sanjeev Kaur
19	6204	Simranjeet Kaur	B.A	Simranjeet Kaur
20	6253	Ramandeep Kaur	B.A(T)	Ramandeep Kaur
21	6210	Joti Kaur	B.A(T)	Joti Kaur
22	6220	Annu Rani	B.A(T)	Annu Rani
23	6186	Tyote Kaur	B.A	Tyote Kaur
24	6200	Manraj Kaur	B.A	Manraj Kaur
25	6191	Gola Kaur	B.A	Gola Kaur
26	6333	Ramandeep Kaur	B.A	Ramandeep Kaur
27	7106	Kamalpreet Singh	B.A	Kamalpreet Singh
28	6214	Luvry Singh	B.A	Luvry Singh
29	6246	Nikhil Singh	B.A	Nikhil Singh
30	6266	Chandpreet Singh	B.A	Chandpreet Singh
31	6624	Ramandeep Singh	B.A	Ramandeep Singh
32	6232	Sandeep Singh	B.A	Sandeep Singh
33	6211	Siddhant Singh	B.A	Siddhant Singh
34	7294	Sikandar Singh	B.A	Sikandar Singh

Dr. Manoj
Dept. Of Hindi
Guru Nanak College
Budhlada (Nasra)

Department of Computer Science organised one day seminar on Personality Development on 05 Feb 2020

One day seminar on Personality Development

Date: 5-Feb-20

ORGANIZED BY:
P.G DEPARTMENT OF COMPUTER SCIENCE



Quiz Competition was organized by Dept of Political Science to promote human values among students on 15th October 2019.





Department of Political Science organized a lecture on “Importance of Ethics in Profession” by Assistant Prof Gurjasjeet Kaur, Dept of English on 30th October 2019.





Department of Commerce and Management organised a Motivational lecture by AP Nitika on 05-09-2019



Department of Food Processing, Fashion Technology and Home Science organised Kite Flying Competition on the occasion of Basant Panchami on 29 Jan 2020. This helped the students to get attached with the Indian traditions and faculty discussed with students about history behind Basant Panchmi.



Department of Food Processing, Fashion Technology and Home Science organised Bhangra and Giddha Competition on the occasion of Lohri on 11th January, 2020 to promote culture and heritage of India. Students of B. Voc. (FP), B. Voc. (FT), M. Sc. FT actively participated in this event.

