## Institutional Initiatives for Best Practice: Promoting Heritage, Culture, Sports and Social Values among the Students

## **Session 2020-21**

Session	Name of activity	Date
2020-21	Covid -19 Isolation and care ward for Covid-19 patients.	2021
2020-21	Visit to avdhoot Ashram by Literati Club of Dept. of English	25-02-2020
2020-21	"Main Imandar Haan" Starting of movement by Dept. of Punjabi	20-03-2021
2020-21	Garment and note books Distribution among the needy	March 2021
2020-21	Students of Dept. of Fashion Designing distributed free masks in the area.	Sept -Oct 2020
2020-21	Two days' Workshop dedicated to 400 <sup>th</sup> Parshash Diwas of Sri Guru Teg Bahadar Ji	21& 22-10-2020
2020-21	Path of Sukhmani Sahib	18-12-2020
2020-21	Dept. of Fashion Designing organised lecture on moral values	16-03-2021
2020-21	Dept. of Computer organized Tour of Sri Amritsar Sahib	20-03-2021
2020-21	Kirtan Darwar on Basant Panchmi	15-12-2021
2020-21	Department of Agriculture organized awareness programme during Covid-19 and made people aware about the preventive measures for covid-19 and why to wear masks	April- May 2021
2020-21	Dept. of Music organized a workshop on Thumri Gayan- Concept and Forms	26-02-2021
2020-21	A lecture on "Need and Significance of Youth Welfare in Preservation of Classical Musical Arts" was organized by Dept. of Music	24-10-2020
2020-21	Dept. of Music organized Singing Competition dedicated to Gangu Bai Hungal	5-03-2021
2020-21	Dept. of Music conducted two days' workshop on Classical Music Instruments to make students aware about the role of classical music in culture preservation	12-03-2021 to 13-03- 2021

2020-21	Dept. of History conducted online lecture "Punjab Heritage: History of Folk Dance Bhangra" by DR. Jasmer Malik	6-10-2020
2020-21	Dept. of Economics organised Library Visit for B.A-I Students	03-02-2021
2020-21	An online Three-days camp on personality development by Dept. of Punjabi	24-08-2020 to 26-08- 2020
2020-21	Department of Computer Science organized online seminar on "Universal Values and Diversities" to promote moral and social ethics among the students	22-03-2021
2020-21	Department of Food Processing conducted an online lecture on "Promoting Heritage and Culture"	1-10-2020
2020-21	Dept. of English organized a lecture on "Human Values in Society"	20-11-2020
2020-21	National webinar on Impact of Covid-19 on Indian Economy by Dept. of Economics agriculture and IQAC	14-08-2020
2020-21	National webinar on Survival of Economy in Emerging Scenario by Dept. of Economics, Commerce & Management & IQAC	26-08-2020
2020-21	The Rising Menace of Intolerance (Speech Competition) by Dept. of English	18–09-2020
2020-21	Online webinar Socio Economics Crisis of Rural Punjab by Dept. of Political Science	21-09-2020
2020-21	Understanding Harmony in the Society (Essay Writing Competition) by Dept. of English	3-10-2020
2020-21	Lohri Celebration by Dept. of Commerce and Management	13–01-2021
2020-21	Japuji Sahib Path on Shri Guru Gobind Ji Parkash Purb by Dept. of Commerce and Management	20-01-2021
2020-21	Anter Rashtri Maat Bhasha Diwas (Special Lecture) by Dept. of Punjabi	21- 02 -2021
2020-21	Social Harmony Through Media Information Literacy through MIL Click by Dept. of Library Science	5- 03- 2021
2020-21	Department of Agriculture organized an orientation entitled "Regional and Socio-	18-02-2021

	Economic Diversity"	
2020-21	Department of Agriculture organized one day webinar "Changing Social Norms and Values in life" to promote Social Values among the students.	22-09-2020
2020-21	Department of Agriculture conducted one day Interdepartmental visit in collaboration with Dept. of History to spread awareness regarding the traditional agricultural tools under the title "Cultural and Heritage Awareness Programme"	06-03-2021
2020-21	On-line competition (covid-19).	02-07-2020
2020-21	Asstt. Prof. Raman Deep Kaur conducted a Motivational Lecture on Positive Thinking	04-02-2021
2020-21	Department of Punjabi organized online discussion on "Major Efforts to Control the Effects of Covid-19"	07-09-2020
2020-21	Kite flying competition on Basant by Dept of History	15-02- 2021

Glimpses of the Institutional Initiatives under Best Practices: Promoting Heritage, Culture, Sports and Social Values among Students during the session 2020-21

Guru Nanak College Campus was made free Isolation Ward and Covid Care Centre for Covid-19 patients to help the needy during challenging times of Covid-19.





# ਕੋਰੋਨਾ ਕੇਅਰ ਸੈਂਟਰ ਦਾ ਉਦਘਾਟਨ

# ਸ਼੍ਰੋਮਣੀ ਕਮੇਟੀ ਦੇ 25 ਬੈੱਡਾਂ ਵਾਲੇ 6ਵੇਂ ਸੈਂਟਰ ਦਾ ਸਾਬਕਾ ਉਪ ਮੁੱਖ ਮੰਤਰੀ ਨੇ ਕੀਤਾ ਉਦਾਘਟਨ

ਚਤਰ ਸਿੰਘ, ਬੁਢਲਾਡਾ

ਸ਼੍ਰੋਮਣੀ ਅਕਾਲੀ ਦਲ ਦੇ ਪ੍ਰਧਾਨ ਸੁਖਬੀਰ ਸਿੰਘ ਬਾਦਲ ਨੇ ਸ਼ਨਿਚਰਵਾਰ ਨੂੰ ਬੁਢਲਾਡਾ ਵਿਖੇ ਮੁੱਖ ਮੰਤਰੀ ਕੈਪਟਨ ਅਮਰਿੰਦਰ ਸਿੰਘ ਨੂੰ ਸਲਾਹ ਇੰਦਿਆਂ ਕਿਹਾ ਕਿ ਉਹ ਕੋਰੋਨਾ ਸੈਕਟ ਨਾਲ ਨਜਿੱਠਣ ਲਈ ਮੰਤਰੀਆਂ ਦੀ ਜ਼ਿਲ੍ਹਾਵਾਰ ਡਿਊਟੀਆਂ ਲਗਾਉਣ ਤਾਂ ਜੋ ਇਹ ਕੋਰੋਨਾ ਮਰੀਜ਼ਾਂ ਨੂੰ ਦਵਾਈਆ ਤੇ ਆਕਸੀਜਨ ਦੇ ਨਾਲ ਮਿਆਰੀ ਸਿਹਤ ਸੰਭਾਲ ਸਹੂਲਤਾਂ ਮਿਲ ਸਕਣ। ਬਾਦਲ ਇੱਥੇ ਸ਼ੋਮਣੀ ਕਮੇਟੀ ਵੱਲੋਂ ਬਣਾਏ ਆਕਸੀਜਨ ਕੋਰੋਨਾ ਕੇਅਰ ਸੈਟਿਰ ਦਾ ਉਦਘਾਟਨ ਕਰਨ ਪੁੱਜੇ ਹੋਏ ਸਨ। ਇਸ ਮੌਕੇ ਸ਼੍ਰੋਮਣੀ ਗੁਰਦੁਆਰਾ ਪ੍ਰਬੰਧਕ ਕਮੇਟੀ ਦੇ ਪ੍ਰਧਾਨ ਨੇ ਐਲਾਨ ਕੀਤਾ ਕਿ ਸ਼੍ਰੋਮਣੀ ਕਮੇਟੀ 50 ਜ਼ਾਹਰ ਕੀਤੀ ਕਿ ਪੰਜਾਬ ਸਰਕਾਰ ਲਗਾਤਾਰ ਬੀਬੀ ਜਗੀਰ ਕੌਰ ਨੇ ਦੱਸਿਆ ਕਿ ਸ਼੍ਰੋਮਣੀ ਵੱਲੋਂ ਸੂਬੇ 'ਚ ਬੋਲ੍ਹਿਆ ਗਿਆ ਇਹ ਛੇਵਾਂ ਕੋਰੋਨਾ ਕੇਅਰ ਸੇਟਰ ਹੈ ਅਤੇ ਆਉਂਦੇ ਦਿਨਾਂ ਵੈਕਸੀਨ ਲਗਾਉਣ ਦੀ ਮੁਹਿੰਮ ਵੀ ਸ਼ੁਰੂ ਦੇਣ ਲਈ ਕੋਈ ਵੀ ਕਦਮ ਚੁੱਕਣ ਤੋਂ 'ਚ ਹੋਰ ਅਜਿਹੇ ਸੈਂਟਰ ਖੇਲ੍ਹੇ ਜਾਣਗੇ। ਬਾਦਲ ਕਰੇਗੀ। ਉਨ੍ਹਾਂ ਨੇ ਇਸ ਗੱਲ 'ਤੇ ਨਾਖੁਸ਼ੀ ਇਨਕਾਰੀ ਹੈ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਸਰਕਾਰ ਨੂੰ



ਕੈਸਨਟ੍ਰੇਟਰਾਂ ਨਾਲ ਲੈੱਸ 25 ਬੈਡਾਂ ਵਾਲੇ 🛮 ਕੋਵਿਡ ਕੇਅਰ ਸੈਂਟਰ ਦਾ ਉਦਘਾਟਨ ਕਰਨ ਸਮੇਂ ਸ਼ੁੱਅਦ ਦੇ ਪ੍ਰਧਾਨ ਸੁਖਬੀਰ ਸਿੰਘ ਬਾਦਲ ਤੇ ਹੋਰ ਅਕਾਲੀ ਆਗੂ।

ਹਜ਼ਾਰ ਵੈਕਸੀਨ ਡੋਜ਼ ਖ਼ਰੀਦਣ ਦੀ ਤਿਆਰੀ 'ਚ ਹੈ ਤੇ ਇਹ ਆਉਂਦੇ ਦਿਨਾਂ 'ਚ ਲੋਕਾਂ ਨੂੰ

ਲਗਾਏ ਜਾ ਰਹੇ ਲਾਕਡਾਊਨ ਕਾਰਨ ਗੰਡੀਰ ਵਿੱਤੀ ਮੁਸ਼ਕਿਲਾਂ 'ਚ ਫਸੇ ਲੋਕਾਂ ਨੂੰ ਰਾਹਤ

ਤੁਰੰਤ ਘਰੇਲੂ ਤੇ ਉਦਯੋਗਿਕ ਖਪਤਕਾਰਾਂ ਲਈ ਛੇ ਮਹੀਨੇ ਦੇ ਬਿਜਲੀ ਬਿੱਲ ਮਾੜ ਕਰਨ ਦਾ ਐਲਾਨ ਕਰਨਾ ਚਾਹੀਦਾ ਹੈ ਤਾਂ ਗੱਲ ਹੈ ਕਿ ਸੂਬੇ ਦੇ 22 'ਚੋਂ 17 ਜ਼ਿਲ੍ਹਿਆਂ ਜੋ ਵਪਾਰ ਤੇ ਉਦਯੋਗ ਦੇ ਨਾਲ-ਨਾਲ ਮੱਧ ਵਰਗ ਤੇ ਕਰੀਬ ਨੂੰ ਮੌਜੂਦਾ ਸੰਕਟ ਨਾਲ ਨਜਿੱਠਣ 'ਚ ਸਹਾਇਤਾ ਦਿੱਤੀ ਜਾ ਸਕੇ। ਕਰਨਾ ਚਾਹੀਦਾ ਹੈ।

ਬਾਦਲ ਨੇ ਮੁੱਖ ਮੰਤਰੀ ਨੂੰ ਇਹ ਵੀ ਸੁਝਾਅ ਦਿੱਤਾ ਕਿ ਸੂਬੇ ਦੇ ਸਾਰੇ 220 ਬਲਾਕਾਂ 'ਚ ਕੋਰੋਨਾ ਕੇਅਰ ਸੈਂਟਰ ਖੋਲ੍ਹੇ ਜਾਣ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਜੇਕਰ ਸ਼ੋਮਣੀ ਕਮੇਟੀ ਥੋੜ੍ਹੇ ਜਿਹੇ ਸਮੇਂ ਵਿੱਚ 11 ਕੋਰੋਨਾ ਸੈਂਟਰ ਖੋਲ੍ਹ ਸਕਦੀ ਹੈ ਤਾਂ ਫਿਰ ਸਰਕਾਰ ਤਾਂ ਪਿੰਡਾਂ 'ਚ ਐਮਰਜੰਸੀ ਮੈਡੀਕਲ ਸਹੂਲਤਾਂ ਵਾਸਤੇ ਸਾਰੇ ਬਲਾਕਾਂ 'ਚ ਕੋਰੋਨਾ ਸੈਂਟਰ ਬਣਾ ਸਕਦੀ ਹੈ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਸਰਕਾਰ ਨੂੰ ਲਗਾਤਾਰ ਵੱਧ ਰਹੇ ਬਲੈਕ ਫੰਗਸ ਦੇ ਕੈਸਾਂ ਨਾਲ ਨਜਿੱਠਣ ਵਾਸਤੇ ਵਿਸ਼ੇਸ਼ ਟੀਮਾਂ ਵੀ ਬਣਾਉਣੀਆਂ ਚਾਹੀਦੀਆਂ ਹਨ ਤੇ ਇਹ ਯਕੀਨੀ ਬਣਾਉਣਾ ਚਾਹੀਦਾ ਹੈ ਕਿ ਇਸ ਬਿਮਾਰੀ ਨਾਲ ਨਜਿੱਠਣ ਲਈ ਤੋਂ ਇਲਾਵਾ ਅਨੇਕਾਂ ਹਾਜ਼ਰ ਸਨ।

ਇਸ ਮੌਕੇ ਸਾਬਕਾ ਵਿਧਾਇਕ ਜਗਦੀਪ ਸਿੰਘ ਨਕੱਈ, ਹਲਕਾ ਇੰਚਾਰਜ ਡਾ ਨਿਸ਼ਾਨ ਸਿੰਘ, ਜਿਲ੍ਹਾ ਪ੍ਰਧਾਨ ਜਥੇ ਗੁਰਮੇਲ ਸਿੰਘ ਫਫੜੇ ਡਾਈਕੇ, ਕਾਲਜ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਕੁਲਦੀਪ ਸਿੰਘ ਬੱਲ, ਸ਼੍ਰੋਮਣੀ ਕਮੇਟੀ ਮੈਂਬਰ ਜਸਵੀਰ ਕੋਰ ਦਾਤੇਵਾਸ, ਠੇਕੇਦਾਰ ਗੁਰਪਾਲ ਸਿੰਘ, ਗੁਰਦੀਪ ਸਿੰਘ ਟੋਡਰਪੁਰ, ਨਗਰ ਕੌਂਸਲ ਪ੍ਰਧਾਨ ਸੁਖਪਾਲ ਸਿੰਘ , ਸ਼ਹਿਰੀ ਪ੍ਰਧਾਨ ਕਰਮਜੀਤ ਸਿੰਘ ਮਾਘੀ, ਤਾਰਾ ਸਿੰਘ ਵਿਰਦੀ, ਅਮਰਜੀਤ ਸਿੰਘ ਭੁਲਾਣਾ, ਹਰਮੇਲ ਸਿੰਘ ਕਲੀਪੁਰ, ਕੌਂਸਲਰ ਰਜਿੰਦਰ ਸੈਣੀ, ਅਜੈਬ ਸਿੰਘ ਜੋਗਾ ਮੈਨੇਜਰ ਆਇ

Literati Club of Dept of English organised a visit to Avdhoot Ashram, Budhlada to help the needy, persons with disability and to sensitize students about social service and responsibility on 25-02-2020. The students of MA English along with faculty provided food and fruits there.





Dept of Punjabi started "Main Imandar Haan" movement on 20 March 2021 and started a book bank in department for students and faculty to encourage students towards honesty and reading good books. In this book bank all the students take and return books honestly.



Department of Fashion Technology and Home Science distribute garments and note books among the needy prepared by the students of the department.



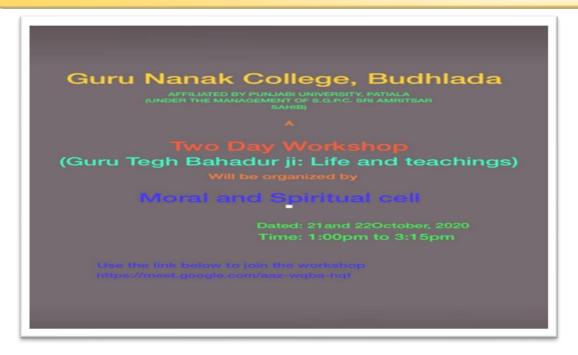


Students and faculty of Dept of Fashion Designing distributed free masks in the area in the months of September and October 2020 to promote social service and responsibility among the students.





Two days Workshop dedicated to 400<sup>th</sup> Parshash Diwas of Sri Guru Teg Bahadar Ji was organized by Moral and Spiritual Cell on 21 & 22 Oct 2020 to sensitize students regarding the unique contribution of Guru Ji towards humanity and peaceful society.





College organised recitation of Sukhmani Sahib, dedicated to the great martyrdom of Sri Guru Teg Bahadur Ji, with cooperation of all the staff of Guru Nanak College, Budhlada on 18 Dec 2020. Ardas was done for the world peace.





Dept of Fashion Designing organised lecture on moral values and meal planning on 16-03-2021 to sensitize students to follow Moral Values in life. The lecture was delivered by Ms. Shagun Singla, Vocational teacher.



Dept of Computer Science organised Two day trip on Sri Amritsar Sahib on 20 March 2021 2022 to make students aware about the historicity of Amritsar city, social service, human values and peace.



Kirtan Darvar on Basant Panchmi on 15-2-2021 was organised by Guru Nanak College Budhlada to spread awareness on importance of patience and peace for cultural and social unity and to motivate students towards meditation.



Department of Agriculture organized awareness programme during Covid-19 and made people aware about the preventive measures for covid-19 and why to wear masks in April-May 2021.







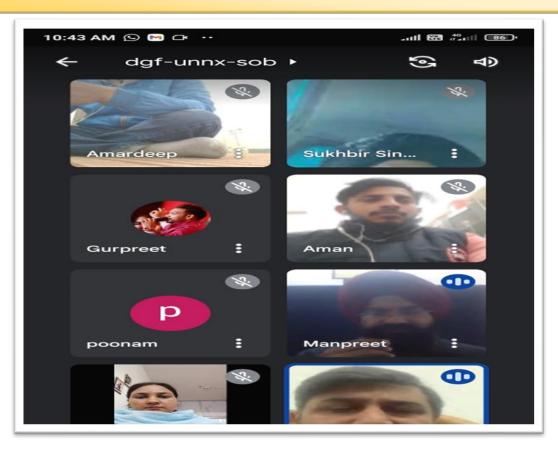


Dept of Music organized a workshop on Thumri Gayan- Concept and Forms (Classical Music) by Kamal Rani to encourage students to listen classical music and play classical instruments.





A lecture on "Need and Significance of Youth Welfare in Preservation of Classical Musical Arts" was organized by Dept. of Music on 24 Oct 2020 to aware students about the classical music arts.



Dept. of Music organized Singing Competition dedicated to Gangu Bai Hungal on 5 March 2021.





Dept. of Music conducted two days workshop on Classical Music Instruments on 12-13 March 2021 to make students aware about the role of classical music in culture preservation.





Dept. of History conducted online lecture "Punjab Heritage: History of Folk Dance Bhangra" by DR. Jasmer Malik on 6 Oct 2020 to sensitize the students about the cultural significance of Bhangra and its history.





Library visit was organised by Dept. of Economics for B.A –I class on dated 03-02-2021 to aware the students about numerous available books, research journals, competitive exam books and to promote habit of reading books among the students.

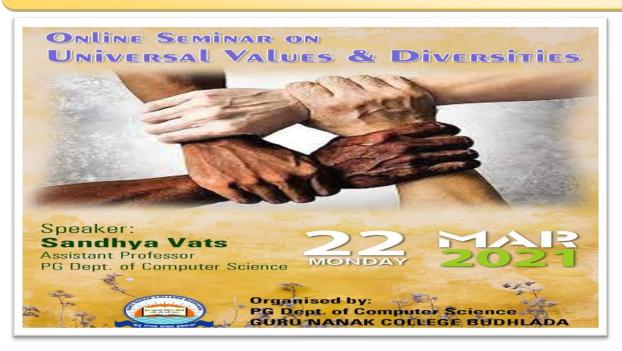




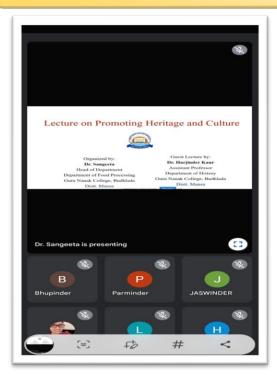
Dept. of Punjabi organised an online Three Days camp on Personality Development on 24-26 Aug 2020

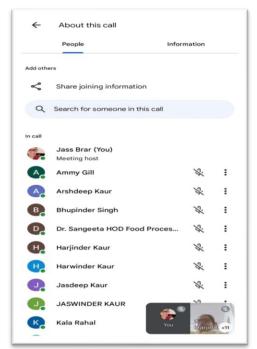


Department of Computer Science organized online seminar on "Universal Values and Diversities" to promote moral and social ethics among the students on 22 March 2021 to sensitize the students regarding various diversities and role of universal values for social development.

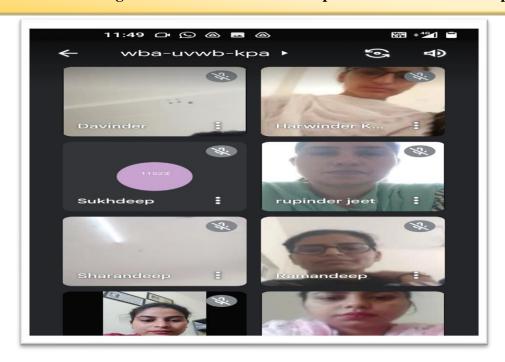


Department of Food Processing conducted an online lecture on "Promoting Heritage and Culture" on 1 Oct 2020. The lecture was delivered by Asstt Prof. Dr. Harjinder Kaur, Dept. of History. She discussed about ways of living of a community and passed on from generation to generation, including customs, practices, places, objects, artistic expressions and values.





Dept. of English organized a lecture on "Human Values in Society" on 20 Nov 2020. The lecture was delivered by Asstt. Prof. in Sociology Ramandeep Kaur. The resource person focused on the significance of human values in personal and social development.



A National Webinar on Impact of Covid-19 on Indian Economy was organised by Department of Economics, Agriculture and IQAC on 14 August 2020



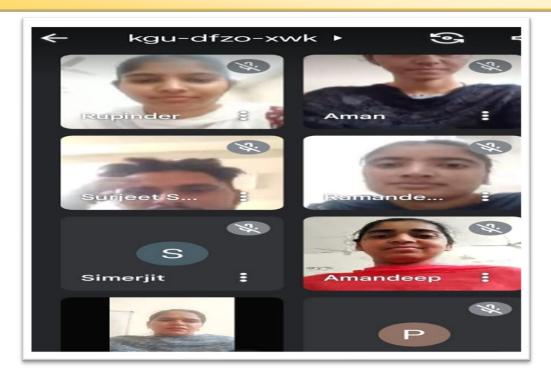
Department of Economics, Commerce and Management in collaboration with IQAC organised National Webinar on Survival of Economy in Economic Scenario on 26-08-2020



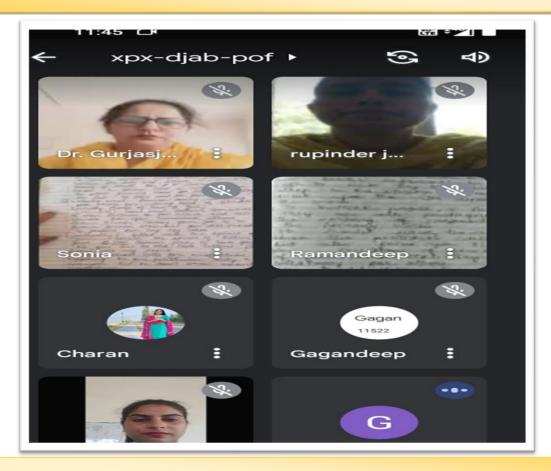
The Rising Menace of Intolerance (Speech Competition) on 18 Sep 2020 was organised By Dept. of English



Dept of Political Science organised online webinar on Socio Economics Crisis of Rural Punjab on 21 Sep 2020



Understanding Harmony in the Society (Essay Writing Competition) 3 Oct 2020 by Dept of English



Dept. of Commerce and Management celebrated Lohri (Makar Sankranti) on 13-01-2021.



#### Dept. of Punjabi organised a lecture to celebrate International Mother Tongue Day



Guest Lecture dedicated to Communal Harmony through MIL CLICKS was organised by Department of Library and Information Science



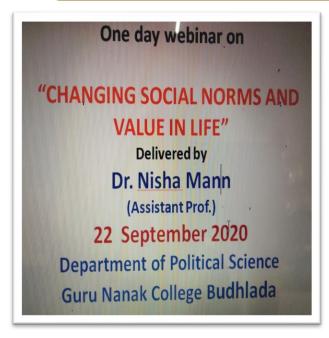


Department of Agriculture organized an orientation entitled "Regional and Socio-Economic Diversity" on 18 Feb 2021. In the lecture Dr. Sarvan Kuman, Asstt Prof in Agriculture, focused on the concept of 'unity in diversity' with special reference to socio-economic and regional diversities of India.





Department of Agriculture organized one day webinar "Changing Social Norms and Values in life" to promote Social Values among the students. The lecture was delivered by DR. Nisha Mann on 22 Sept 2020.





Department of Agriculture conducted one day Interdepartmental visit in collaboration with Dept. of History to spread awareness regarding the traditional agricultural tools under the title "Cultural and Heritage Awareness Programme" on 6 March 2021.





Dept. of Commerce and Management conducted online slogan writing, painting, poster making, rangoli and essay writing competitions "Covid-19" to spread awareness for the reasons and prevention measures of Covid-19.



Asstt. Prof. Ramandeep Kaur conducted a Motivational Lecture on Positive Thinking on 04-02-2021 in order to make the students to motivate about positive thinking and their effects on their personal and soci





Department of Punjabi organized online discussion on "Major Efforts to Control the Effects of Covid-19" on 07 Sept 2020 to aware students regarding the preventive measures to stop spreading of Covid-19.

ਪੋਸਟ-ਗ੍ਰੈਜਏਟ ਪੰਜਾਬੀ ਵਿਭਾਗ ਗੁਰੂ ਨਾਨਕ ਕਾਲਜ ਬੁਢਲਾਡਾ ਵੱਲੋਂ

ਕਰੋਨਾ ਕਾਲ ਮੌਕੇ ਆਨ-ਲਾਈਨ ਚਰਚਾ ਕਰੋਨਾ ਕਾਲ ਦੇ ਪ੍ਰਭਾਵ ਨੂੰ ਰੋਕਣ ਦੇ ਉਪਰਾਲਿਆਂ ਸੰਬੰਧੀ ਜਾਣਕਾਰੀ ਮਿਤੀ 07-ਸਤੰਬਰ 2020 Department of History organised Kite Flying Competition on 15-02- 2021 to sensitize students about the history of Basant Panchmi, a cultural festival celebrated in Punjab.



